

1 in 9 Adults in the U.S. Has Chronic Kidney Disease...



Are you **at increased risk?**

Ask your doctor for **3 simple tests for chronic kidney disease (CKD).**

Individuals at increased risk for CKD:

- People with diabetes
- People with high blood pressure
- People with family history of diabetes, high blood pressure or kidney disease
- African Americans
- Hispanics
- Native Americans
- Pacific Islanders

3 simple tests for CKD:

- Blood pressure
- Urine test for protein
- Blood test for creatinine (to measure kidney function)

Other medical conditions related to CKD include anemia, heart disease and bone disease.

For more information, contact the National Kidney Foundation at **800-622-9010** or **www.kidney.org**